## React when things go wrong:

## Video 1: Students/pupils' head injuries

- 1. What are normal type of incidents at school?
  - → Cuts and bruises
- 2. How many daily concussions are there in Utah schools?
  - $\rightarrow$  3 a day
- 3. When do they happen?
  - → while playing sports, on the **playground** or even when walking in the halls
- 4. What could lead to confusion?
  - $\rightarrow$  A **bump** to the head (une bosse)

## Video 2: How to treat head injuries

- 1. What must you worry about when someone hits their head?
  - → Internal damage
- 2. What do you treat a superficial bruise with?
  - → A wrapped ice pack
- 3. What if you don't treat it?
  - → The bruise will be bigger and take longer to disappear.
- 4. What happens to the brain when someone sustains a more serious injury?
  - → The brain bounces backwards and forwards insite the **skull**, which can **rupture blood vessels hence** (d'où) cause **swelling**.
- 5. What other part of the body does the brain swelling affect?
  - → The spinal cord
- 6. Does it often happen?
  - $\to\ No$
- 7. When does a brain injury show?
  - → either straight away or later, withing the next 48 hours. If the person hits his/her head a second time, then it lay even show later than that.
- 8. So, as a child carer, what must you do when he/she has banged his/her head?
  - → You must pass on the information to the other people who are in contact with the child, so that they can **monitor** him/her (surveiller).
- 9. Who was Nathasha Richardson?
  - → A young girl

- 10. What happened to her?
  - → She was skiing, hit her head and died.
- 11. What does **fitting** mean?
  - → it means having a **seizure** (=convulsion).
- 12. Can a child look absolutely fine after a serious head injury?
  - → Yes. That is why they have to be monitored for a few days.
- **13.** Always better to be safe than....? Sorry
  - → Mieux vaut prévenir que guérir
- 14. Most of the time, a child with a head injury will make a full ....? **recovery**